# December Farmers Market Shopping List

Use this list as a blueprint for weekly meal planning & bring it with you when you shop the farmers market. Newly in-season items are **red**.

Reminder: farmers markets are great places to find unique holiday gifts!

## FRUITS & NUTS
- Apples
- Chestnuts
- Pears
- Quince

## VEGETABLES
- Arugula
- Beets
- Broccoli
- Brussels sprouts
- Cabbage
- Carrots
- Celery
- Chard
- Cauliflower
- Collards
- Escarole
- Fennel
- Garlic
- Ginger
- Herbs
- Jerusalem artichokes
- Kale
- Kohlrabi
- Leeks

## VEGETABLES Cont.
- Mushrooms
- Onions
- Parsnips
- Potatoes
- Shallots
- Shelling beans
- Turnips
- Turmeric
- Winter Squash

## MEAT & DAIRY
- Bacon
- Beef
- Butter
- Cheese & yogurt
- Chicken
- Eggs
- Lamb
- Pork
- Sausage
- Seafood
- Turkey

## SUNDRIES etc.
- Baked goods
- Beer, wine & sprits
- Coffee & tea
- Candles
- Flour
- Honey
- Jams & jellies
- Kombucha
- Pasta & sauces
- Pickles & krauts
- Popping corn
- Soap & skincare
- Trees & wreaths

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